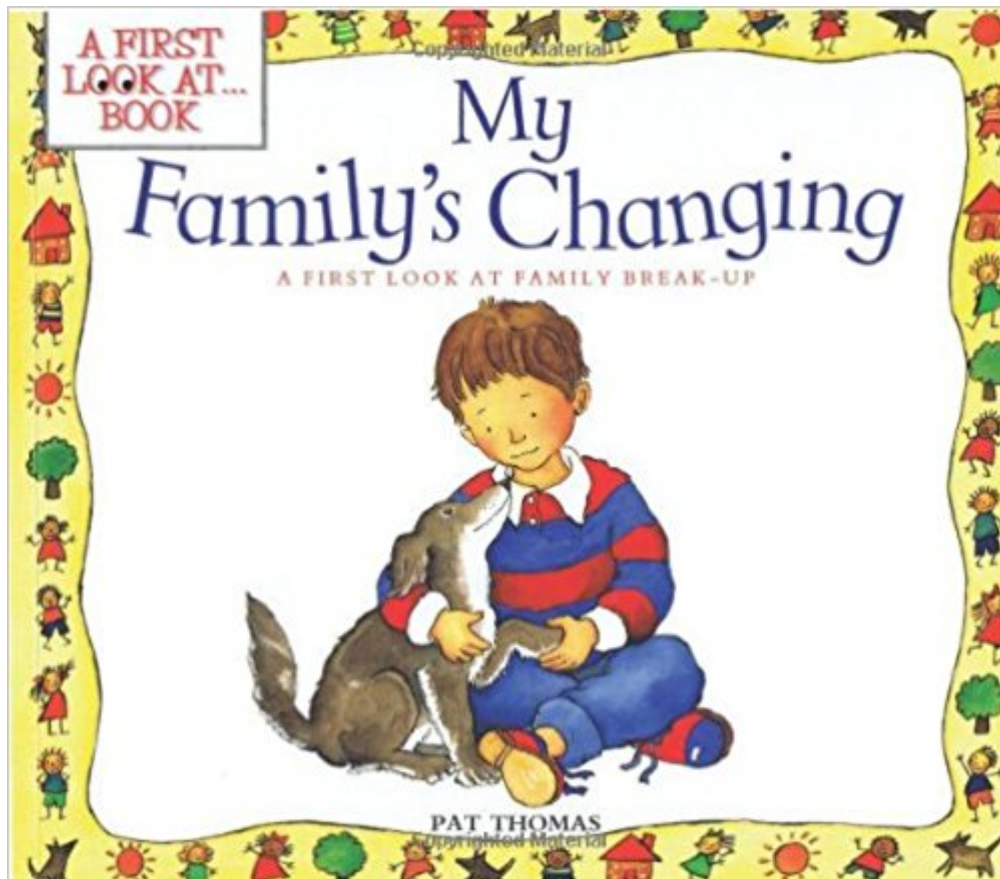




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# My Family's Changing (A First Look At Series)



## Synopsis

This unusual picture book for younger children explores the issue of divorce. The author of this book is a psychotherapist and counselor and helps children to face their fears, worries and questions when their family is going through a break-up. A special feature, "What About You?" sidebars appear frequently with questions directed at the child reading the book. The questions encourage children to explore their own feeling about the situation. Full color illustrations throughout.

## Book Information

Lexile Measure: 880L (What's this?)

Series: A First Look At Series

Paperback: 32 pages

Publisher: Barron's Educational Series (February 1, 1999)

Language: English

ISBN-10: 0764109952

ISBN-13: 978-0764109959

Product Dimensions: 9.4 x 0.2 x 8.2 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 39 customer reviews

Best Sellers Rank: #97,735 in Books (See Top 100 in Books) #48 in [Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce](#) #7404 in [Books > Education & Teaching > Schools & Teaching](#)

Age Range: 4 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

Kindergarten-Grade 4 This plainspoken text by a psychotherapist and counselor deals with the basic problems and feelings accompanying a divorce and is directed to children and those adults who are helping them confront this traumatic experience. The signs of an impending marital separation; experiences that may occur with divided custody; and common emotions of sorrow, anger, and loneliness are addressed. Questions designed to help youngsters discuss various aspects of their situations are interspersed throughout the narrative. The language is simple and impersonal. Guidelines for adults and names of useful organizations are appended. Pleasant, brightly colored, cartoon-style pictures of varied sizes and shapes show a boy and girl and their parents in various stages of the family breakup and the reconfiguration of their lives. Although psychologically correct,

the book lacks the appeal of Laurene Browns Dinosaurs Divorce (Little, Brown, 1986), which is accurate but also gently witty. Patricia Pearl Dole, formerly at First Presbyterian School, Martinsville, VA Copyright 1999 Reed Business Information, Inc.

This attractive book, written by a psychotherapist, introduces the idea and process of a divorce, as well as discussing how it often affects the members of the family. While encouraging children to talk about their feelings and reassuring them that their parents will continue to love them, the text does not minimize the changes, difficulties, and pain that come with the territory. Bordered boxes labeled "What about you?" carry questions for parents to ask their children, so kids can relate their own feelings and experiences to those mentioned in the text. On every page, appealing ink-and-watercolor-wash illustrations show one family coping with a divorce. Informative and reassuring, this book will be a good starting place for many families discussing divorce. Carolyn Phelan

I bought this for my 5 year old goddaughter. it was NOT intended for children her age and her parents felt uncomfortable reading it to her and gave the book to the donation pile. I had wanted something more positive and affirming. This book (from the parents' prespective) encouraged acting out and anger and used scary words like "Divorce is forever". Maybe for a 3rd grader, but I regret sending this to a 5 year old.

I purchased this book along with, Why Don't We Live Together Anymore (which is also a great book) And I looked into other books like Dinosaur Divorce, etc. However many bits of it were too graphic (ie: drugs, alcohol, etc. and the illustrations were also very angry. This book is really speaks from a child's point of view and breaks it down so that a child even as young as 4yrs old can understand and relate to what the book is talking about. I also believe it is a good book for parents because it really does give you insight on what your child is or will be going through. I highly recommed this book for anyone with a child going through a divorce.

Excellent book! My recently divorced daughter and my little 7 year old grandson have read it many times. When my grandson is feeling a little sad for "Dad;" he feels some comfort when his Mom lays in bed with him, reads the book, say their prayers, and snugs in him for the night.

I bought this book for my 4 year old nephew when my brother went through his divorce. When i read

through the book i decided not to even give it to him. It plants seeds of blame and fear. Nothing i would ever give to a small child. I ended up throwing the book away. I was looking for something more positive to explain the changes that were going on. Two Homes and Standing on my Own Two Feet were much better choices.

I found this book to be an extremely effective resource for parents and children. My only suggestion would be for the author to put out a duplicate with a male custodial parent. As we all know, mothers do not always get custody. Many fathers are being awarded custody. It would be beneficial to have a male parent version of this book.

Too much adult talk for my 6 and 4 yr olds. Wish I would have read the reviews. A lot of big words and making divorce seem very negative, was looking for something more positive.

I bought this book because my 7 year old son is having a hard time adjusting too the Divorce. At first it made him sad because it hit home and is similar to what we are actually going through but over time, it has helped him understand.

I read it to my son and he pretended like he wasn't interested, but a few days later he talked about it and was able to repeat a lot of the concepts. I knew he was listening. It's a big and difficult concept to grasp. Even if they accept it, it's still hard to understand.

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